



Polideportivo  
San Agustín

# SALA POLIVALENTE 1

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
7:00							
7:15							
7:30							
7:45							
8:00							
8:15							
8:30		PILATES		PILATES			
8:45							
9:00							
9:15							
9:30	PILATES	FIT DANCE	E. SANA	FIT DANCE	PILATES		
9:45							
10:00						EN FORMA	
10:15							
10:30	TONIF	PILATES	GAP	PILATES	E. SANA		
10:45							
11:00							
11:15							
11:30							
11:45						ZUMBA	
12:00							
12:15							
12:30							
12:45							
13:00							
13:15							
13:30							
13:45							
14:00							
14:15							
14:30							
14:45							
15:00							
15:15							
15:30	ZUMBA	FULL C.	TONIF	FIT DANCE	E. SANA		
15:45							
16:00							
16:15							
16:30	TONIF	GROWING	GAP	DELUXE	ZUMBA		
16:45							
17:00							
17:15							
17:30							
17:45							
18:00	JUST PUMP	PILATES	ZUMBA	PILATES	TONIF		
18:15							
18:30							
18:45							
19:00	ZUMBA	PILATES	FIT DANCE	E. SANA	ZUMBA		
19:15							
19:30							
19:45							
20:00					B. LATINO		
20:15							
20:30							
20:45							
21:00							
21:15							
21:30							
21:45							
22:00							
22:15							
22:30							